

DIRECTIONS

How do I get to the Workshop Location in Dornbirn?

By Car Die Gelbe Fabrik, Widagasse 11. 6850 Dornbirn

By Train to "Dornbirn Bahnhof"

By Airplane

- Zürich Airport
Train to Dornbirn:
- Friedrichshafen (Germany)
Train to Dornbirn:

At the Trainstation "Bahnhof Dornbirn" you can take the Bus, Taxi or walk to the Location.

- Walk to the Location
From there you can walk – 10 Minutes
- Take the Bus 208 (6 Minutes)
Bahnhof – Am Stiegelbach and Exit "Eisengasse" in 3 Minutes you will reach "Die Gelbe Fabrik" on the left side

LUNCH

will be offered at the Location.

Additional costs:

OR you can bring your own food and use the kitchen on site.

We have a great kitchen with terraces in the building, perfect for taking breaks during the workshops or for your Lunchtime. It's fully equipped, and coffee is free of charge. 😊 You'll be sharing the kitchen with other coworkers in the building.

If you prefer to go out for lunch – here are some recommendations

Foodmarket Sutterlüty is nearby where you can find everything what you need...Opening hours FR 7:30 am till 7 pm | Sat: 7:30 am till 6 pm | Sun: 7:30 till 2pm

Eating Places near the Town's Market Square

You can reach all the restaurants within an easy 10-minute walk from the market square. I suggest booking ahead for some of them, but it's also enjoyable to explore around since there are more eating choices in town.

- Café Steinhauser: good Lunch Menue – Reservation suggested especially on Saturdays as there is an Farmer Marked
- Café 21: good for Breakfast, Lunch (bowels), Café & More
- iX – Asian Style Kitchen
- Gabriels Cucina: Reservation suggested

Restaurant close to Town:

- Die Wirtschaft (close to the train station) closed on Sunday
- Le Jasmin (syrien Restaurant)

Be aware that on Sundays more restaurants are closed.

What to bring?

What do I need to bring for the Workshop?

- If possible, bring your own Yoga Mat. If you need one, just let me know
- Drinking bottle
- Comfortable Clothing and a light sweater if you are cooling down in the relaxation parts.
- I recommend something you can write your notes on.

All the other props are at the location.

ACCOMODATIONS

I AM HERE FOR YOU!
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